















Rowans Allergen Information Guide



FOOD	SUPPLIER	ITEM CODE														
			Celery	Wheat - Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BEEF BURGER 6oz	BRAKES	F34551		YES		YES									YES	
BREADED CHICKEN FILLET BURGER	BRAKES	F119712		YES					YES							
CRISPY CRUMB VEGETABLE BURGER	BRAKES	F30507		YES												YES
JUMBO FISH FINGER 56g	BRAKES	F5963		YES			YES									
SOUTHERN STYLE CHICKEN GOUJON 28g	BRAKES	F128695		YES												
ORIGINAL BROCKWURST SAUSAGE 90G	ROLLOVER	SAU400							MAY CONTAIN TRACE							
CHICKEN CHUNKS	BRAKES	F32785		YES		YES			YES							
HOT N SPICY PRAWNS	BRAKES	F121552		YES	YES	YES			YES	YES					YES	
KIDS BEEF BURGER 4oz	BRAKES	F34550		YES		YES									YES	
KIDS FISH FINGER 25g	BRAKES	F130357		YES			YES									
KIDS REDUCED SALT SAUSAGE 50g	ROLLOVER	SAU101							MAY CONTAIN TRACE							
TORTILLA CHIPS (NACHOS)	ROLLOVER	NAC011														
FRIES	BRAKES	F4266														
CRUNCHY BREADED ONION RINGS	BRAKES	F4242		YES												
BURGER CHEESE SLICE	BRAKES	C106923							YES							
AMERICANA GOURMET BURGER BUN	BRAKES	F127426		YES										MAY CONTAIN TRACE		
FULLY BAKED PRESLICED BAGUETTE	ROLLOVER	FUL004		YES								MAY CONTAIN TRACE		MAY CONTAIN TRACE		
LA BOULANGERIE 6.5" HOT DOG ROLLS	BRAKES	F31298		YES										MAY CONTAIN TRACE		
JALEPENOS PEPPER SLICES	BRAKES	A111836														
SQ-EASY BURGER SAUCE	JJ	SAU031				YES					YES					
SQ-EASY REAL MAYONNAISE	JJ	SAU037				YES										
VEGETABLE OIL	JJ	OIL013														
HEINZ SQUEEZE ME TATARE SAUCE 26ml	BRAKES	A103691				YES										
HEINZ TOMATO KETCHUP 25g/21ml	BRAKES	A29683	YES													
HEINZ MAYONNAISE 25g/21ml	BRAKES	A85914				YES					YES					
HEINZ BARBECUE SAUCE 25g/21ml	BRAKES	A100371														
ENGLISH MUSTARD SACHET SMALL	BRAKES	A3849									YES					
SALSA POT 70g	ROLLOVER	NAC006														
GRATED TEX MEX CHEESE	BRAKES	C112831							YES							

UPDATED:

24TH OCTOBER 2020