














# Rowans Allergen Information Guide



FOOD	SUPPLIER	ITEM CODE														
			Celery	Wheat - Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BEEF BURGER 6oz	BRAKES	F34551		YES		YES									YES	
BRAKES AMERICAN STYLE CHICKEN FILLETS	BRAKES	F30613		YES												
BRAKES SPICY BEAN BURGER	BRAKES	F134449		YES												
JUMBO FISH FINGER 56g	BRAKES	F5963		YES			YES									
GLUTEN FREE BREADED CHICKEN GOUJONS	BRAKES	F129849														
BRAKES BATTERED CHICKEN CHUNKS	BRAKES	F30011		YES												
BRAKES ESSENTIALS BREADED HALLOUMI FRIES	BRAKES	F134061		YES					YES						YES	
KIDS BEEF BURGER 4oz	BRAKES	F34550		YES		YES									YES	
KIDS FISH FINGER 25g	BRAKES	F130357		YES			YES									
CLASSIC EXTRA THIN CUT FRENCH FRIES	BRAKES	F4266														
CRUNCHY BREADED ONION RINGS	BRAKES	F4242		YES												
BURGER CHEESE SLICE	BRAKES	C106923							YES							
AMERICANA GRILL MARKED BUGER BUN	BRAKES	F121560		YES										MAY CONTAIN TRACE		
6.5" HOT DOG ROLLS	BRAKES	F31298		YES										MAY CONTAIN TRACE		
HEINZ SQUEEZE ME TATARE SAUCE 26ml	BRAKES	A103691				YES										
HEINZ TOMATO KETCHUP 25g/21ml	BRAKES	A29683	YES													
HEINZ MAYONNAISE 25g/21ml	BRAKES	A85914				YES					YES					
HEINZ BARBECUE SAUCE 25g/21ml	BRAKES	A100371														
BRAKES ENGLISH MUSTARD	BRAKES	A88933		YES							YES					
HEINZ TOMATO KETCHUP	BRAKES	A28167	YES													
OPIES COCKTAIL CHERRIES	BRAKES	A89857														YES
VEGAN BRIOCHE STYLE BURGER BUN	BRAKES	F125668		YES		MAY CONTAIN TRACE			MAY CONTAIN TRACE						MAY CONTAIN TRACE	
HUDSON'S BURGER SAUCE	BRAKES	A109442				YES										
KTC VEGETABLE OIL	BRAKES	A85753														
ORIGINAL BROCKWURST SAUSAGE 90G	ROLLOVER	SAU400							MAY CONTAIN TRACE							
VEGGIE VEGAN 84g SAUSAGE	ROLLOVER	SAU917		YES											YES	
KIDS REDUCED SALT SAUSAGE 50g	ROLLOVER	SAU101							MAY CONTAIN TRACE							
WALL'S BREAKFAST SAUSAGE 95G	ROLLOVER	SAU903		YES												YES
FULLY BAKED PRESLICED BAGUETTE	ROLLOVER	FUL004		YES					MAY CONTAIN TRACE			MAY CONTAIN TRACE		MAY CONTAIN TRACE		

UPDATED:

21ST August 2024

**ALLERGIES:** Some of our products contain nuts, milk, eggs and other allergens. There is a high risk of cross-contamination so we can't guarantee they are suitable for those with allergies.